

Captains Update October 09

Dear Club Member,

This month's edition provides an update to some of the club initiatives as identified by the MRC Member Survey and Planning Forum held on September 6, 2009.

This edition also provides some very important reminders about how to look after our club equipment so that we can all enjoy it.

NEW CLUB INITIATIVE – EDUCATION

Your responses to the Member Survey identified the need for greater education about a range of topics including boat rigging, boat care, gym and rowing training techniques.

In response we are putting together a programme of **monthly education workshops** on designated topics. The workshops will be generally held on Saturdays for 1 – 2 hours (dependant on the topic) commencing at 8.30am.

The first event is a special one and will be kicked off by **Nick Garratt on October 5th from 5pm.** Nick will profile his footage and review technique from the Poznan World Champs 2009. A must for all WMG competitors and aspiring elites!
RSVP annejt@bigpond.com

Please stay tuned for further dates and details of the Education Workshops. Details will be emailed and posted around the club on the various notice boards.

BOAT FUNDRAISING UPDATE

The wine raffle will be drawn on Monday October 5th after Nick's presentation. It will be your last chance to get tickets so come along and support the club!

NEW CLUB INITIATIVE – MRC SOCIAL REGATTA

I am putting together an organising committee for the first event (to be held on a Sunday at MRC after the WMG). If you are interested in joining the group please come to the meeting on **Wednesday 7th at 6.30pm at MRC.**

NEW CLUB INITIATIVE – BOAT CARE & MAINTENANCE GROUP

Will Liley is putting this group together. If you are interested in caring for / enhancing the quality of MRC boats (then meeting with fellow members for coffee) please contact Will. will.liley@bigpond.com

NEW CLUB INITIATIVE – CLUB BOAT BOOKINGS

In response to your comments and the growing demand for particular boats, we are trialing a new initiative – two time slots for boat usage in the morning. They are:

Slot 1 5.15am – 7.15am

Slot 2 From 7.15am

The club boat booking board has been amended to accommodate the two slots. Please ensure you work to this system so that we may make better use of our key resources.

For further information please refer to the guidance note next to the club boat booking board.

WORLD MASTERS GAMES (WMG)

Yes the Games are rapidly approaching! May I say how impressed I am with all Masters Members for training so diligently. May I also encourage all other members, friends and family to show their support out at SIRC from Saturday 10th to Wednesday 14th of October.

WMG BOAT LOADING DETAILS

Date: Wednesday October 7th

Time: 5.15am

Attendance: Every Racing Master Club Member

Further to the email to all Masters Members, a reminder that the **Stroke person of each crew has been nominated as the organiser and carer of their equipment.** Their role will be to ensure all boats are looked after until they return back to the boat house post regatta. Any queries please contact me.

SOME IMPORTANT REMINDERS.....

- Daylight saving starts on Sunday Oct 4th. Please ensure your boat lights are in working order
- Please ensure all boats are dried with a towel inside and out before being put away.
- Please re-read all club membership rules
- Do not cut corners whilst rowing particularly at the bluff, the bridge or on the course
- Never throw a water bottle into a boat – this is a major cause of boat damage. All water bottles must have a sock around them.

If you have any queries or ideas for the Club, please don't hesitate to let me know.

Sarah Hill, Club Captain